

Pediatricians

Finding a great pediatrician is like finding a needle in a haystack. Here is a list of recommended caregivers. I strongly recommend interviewing possible candidates to find a good match.

Continuum Center for Health and Healing
Dr. Ben Kligler (doesn't take insurance)
Dr. Pamela Hops (does take insurance)
Dr. Sapna Chaudhary
245 Fifth Avenue
New York, NY 10016
646-935-2257
www.healthandhealingny.org

Dr. Stephen Aji
Brooklyn Hospital Center
121 DeKalb
Brooklyn, NY 11201
718-250-8764

Dr. Ginger Gillespie
113 E.13th Street
New York, NY 10003
212-253-1830

Dr. Catarina Silverblatt
145 Henry Street
Brooklyn NY 11201
718-522-4924

Dr. Marlorie Stinfil
Dr. Hugh Gilgoff
185 Montague Street, 4th Floor
Brooklyn, NY 11201
718-780-2334

Westside Family Medicine
A) 535 West 110th Street, Suite 1E
New York, New York 10025
B) 315 West 70th Street, Suite 1B
New York, New York 10023
212-280-4740
<http://www.wfmnyc.com>
Family Practice physicians who can take care of
you, your newborn and your older children.

Brooklyn Heights Pediatrics
Dr. Jana Dehovitz & Andrea Berne, PNP
15 Pierrepont Street
Brooklyn, NY 11201
718-237-2122

Dr. Jerry Clements
Village Family Practice
25 Fifth Avenue, Suite 1A
New York, NY 10003
212-477-1750
(listed on Dr. Sears site as supportive of
alternate vaccine schedule or no vaccines)

Dr. Edna Pytlak
Dr. Brianne O'Connor
Dr. Erin Dalton
35 Monroe Place
Brooklyn, NY 11201
718-834-1007
www.ebems.com

Dr. Maja Castillo of Tribeca Pediatrics
Active member of The Integrative Pediatrics
Council Tribeca Pediatrics
Chelsea location 247 W 26th St.
New York, NY 10001
646-666-8666
chelsea@tribecapediatrics.com

Dr. Cathy L. Ward
Big Apple Pediatrics
315 W. 70th Street, Suite 1K
New York, NY 10023-3529
212-595-5501
www.BigApplePediatrics.com

Holistic/Medical Pediatricians

Dr. Mark Nesselson
146 W 95th St, #1A
New York, NY 10025
212-662-2230

Dr. Lawrence Palevsky
www.holisticchildhealth.com
info@drpalevsky.com
631-262-8505

Pediatrician/family doctor interview sheet



General Information

Name of doctor: _____
Name of practice: _____
Location: _____
Phone: _____
How did you hear of this doctor? _____

Your health insurance company: _____

About the practice

- | | |
|---|---|
| <p>1. Do you take my insurance?..... Y / N</p> <p>2. Is this a solo or group practice? _____ If solo, who covers when the doctor isn't available? _____ _____ If group, how often will we see other doctors in the practice? _____ _____ _____</p> <p>3. How many years has the doctor been in practice? _____ _____ _____</p> <p>4. Does the doctor have any subspecialties? _____ _____</p> <p>5. What are the office hours? _____ _____ _____</p> <p>6. What evening or weekend hours are available? _____ _____ _____</p> <p>7. Are calls for routine/non-emergency questions encouraged? _____ _____ _____</p> | <p>8. How will we reach you if my child gets sick after hours? _____ _____ _____</p> <p>9. When the doctor's not on call, who covers? _____ _____ _____</p> <p>10. Which hospitals is the doctor affiliated with? _____ _____ _____</p> <p>11. Does the doctor see newborns at the hospital or at the first office visit? _____ _____</p> <p>12. Does the office respond to e-mail?Y / N</p> <p>13. Does the practice have a website?.....Y / N If yes, what's the URL? _____ _____</p> <p>14. How do you handle payments, billing, laboratory charges, and insurance claims? _____ _____ _____</p> |
|---|---|

About the doctor

1. What do you like best about your job? _____

2. Do you have children? _____

3. Will you be available to discuss behavioral
developments? _____

4. What are your views on:
breastfeeding/bottle-feeding? _____

circumcision? _____

antibiotics? _____

immunizations? _____

parenting methods? _____

childhood obesity? _____

getting babies to sleep? _____

alternative medicine? _____

5. What parenting books or other resources do you
recommend on baby or child care? _____

Questions to ask yourself

- 1. Was everything clean?Y / N
- 2. Is the waiting room pleasant and kid-friendly?Y / N
- 3. Were there toys and books to keep kids occupied? Y / N
- 4. Were the staff and nurses helpful and patient?Y / N
- 5. Was parking readily available?Y / N
- 6. How long did you have to wait? _____
- 7. Did your child respond well to the doctor?Y / N
- 8. Did your child respond well to the nurses?Y / N
- 9. Did the doctor seem to welcome questions?Y / N
- 10. Did the doctor know the latest medical advances? Y / N
- 11. Did you like the doctor's communication style?Y / N
- 12. Did you feel comfortable with the doctor?Y / N